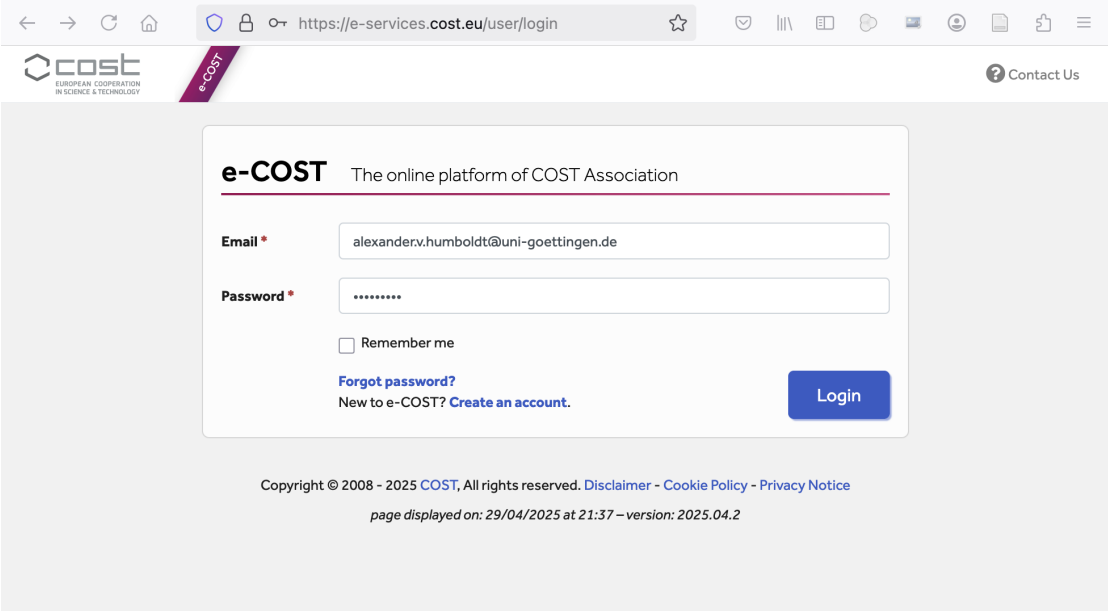
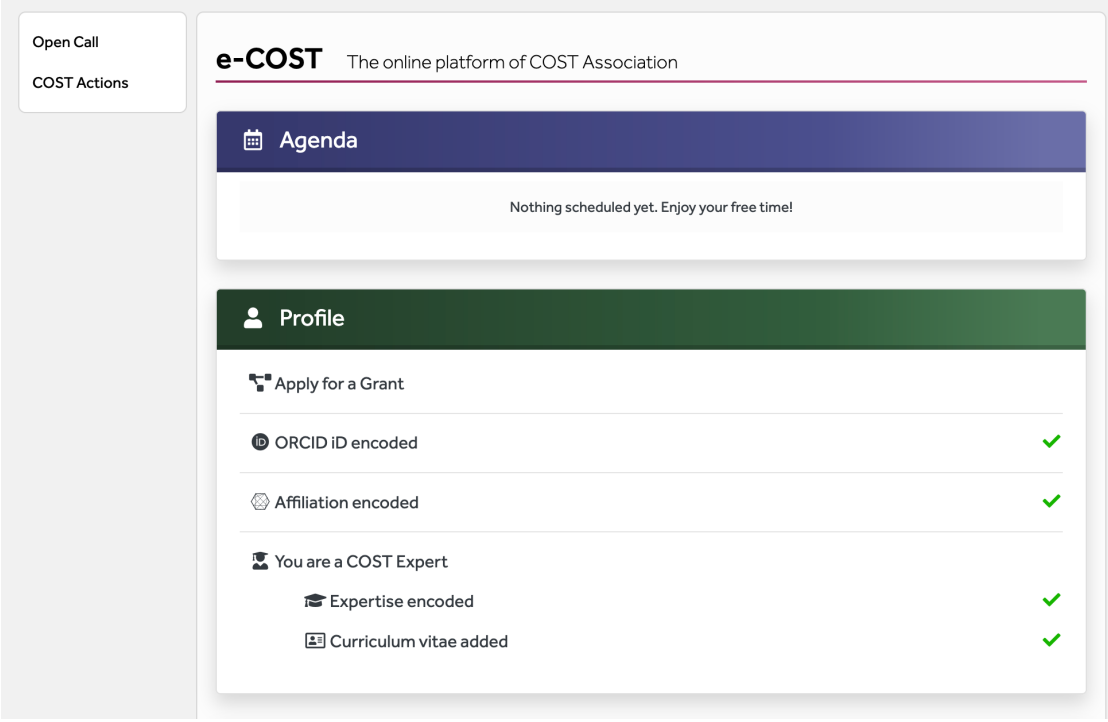
Step 1:

Go to e-cost => https://e-services.cost.eu/user/login
If you have not yet created an account, please do so by clicking on “Create an account”.



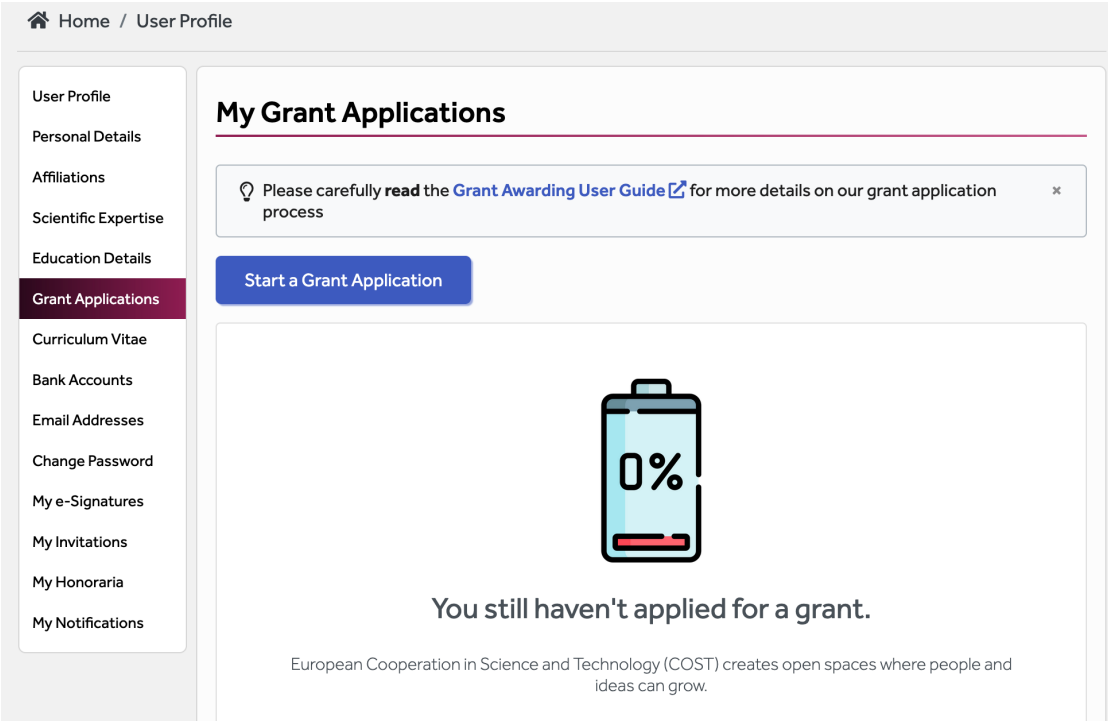
Step 2:

Click on “Apply for a grant”



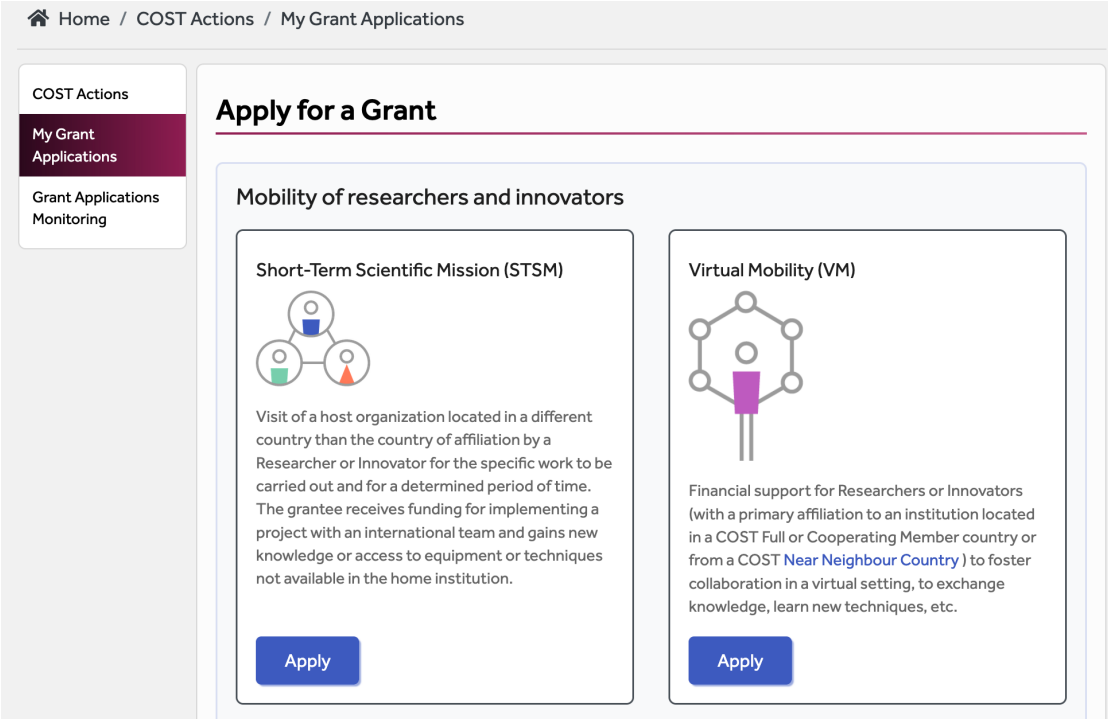
Step 3:

Click on “Start a Grant Application”

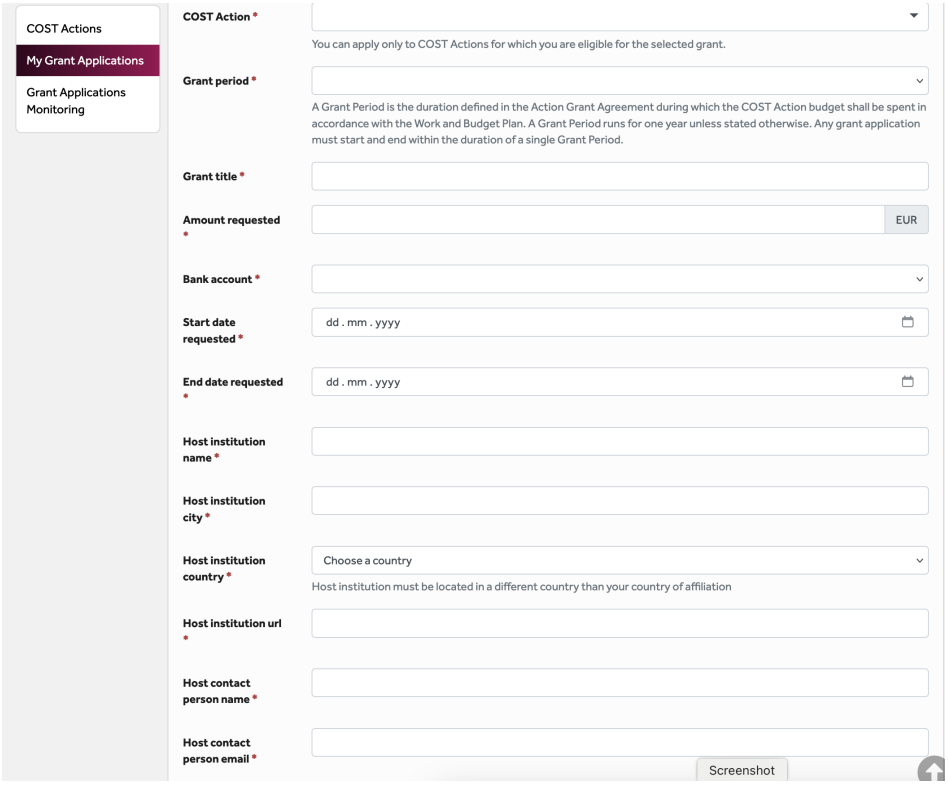
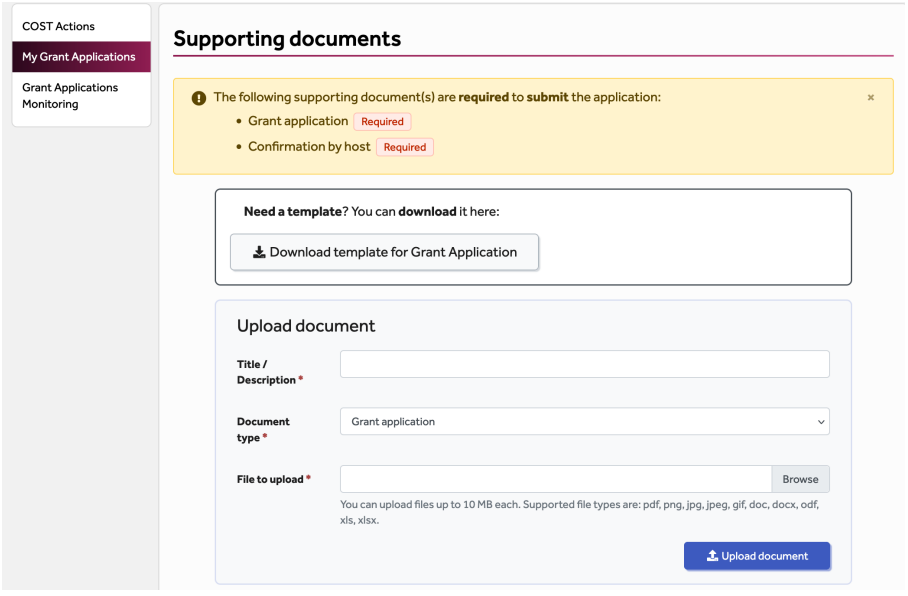


Step 4:

Select “Short Term Scientific Mission” and click on “Apply”



Step 5:
Fill in the required fields with your data. After you are done click on “Save Application”



Step 6:
Upload your grant application (template here: https://www.cost.eu/STSM_GrantApplication) and the confirmation letter of your host. Then click on “Submit application”